

# How to Spot Measles



WhyImmunize.org



## What Does the Rash Look Like?

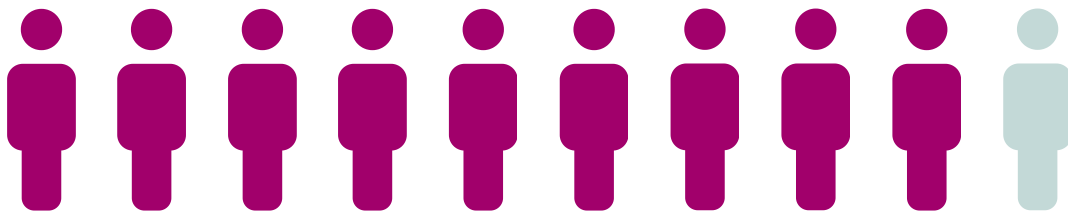
A red, blotchy rash which begins 2-4 days after other symptoms have started. The rash typically starts first on the face and upper body.

## What Are Symptoms of Measles?

1. Fever - as high as 103-105 degrees
2. Cough
3. Runny nose (Coryza)
4. Red, watery eyes (Conjunctivitis)
5. Rash



**9 of 10 unvaccinated people exposed to measles  
WILL BECOME INFECTED!**



## Measles Information

- Get your kids vaccinated! The first dose of MMR is given on or after their 1st birthday. They will get the second dose of MMR at age 4-6 years.
- If you do not know if you are protected against the measles, call and talk to your doctor.
- Vaccinating yourself not only protects you but also your family and other loved ones.

## Think you have measles?



Contact a health care provider first by phone, if it is not an emergency.  
This may keep you from spreading measles to other people.  
Measles spreads very easily to others.