You’re taking control of so many new things in your life — getting behind the wheel, starting a new job, tackling algebra. There’s just one more thing.

It’s Time to Take Control of Your Health

1. HPV — Human Papilloma Virus
2. Meningococcal A/C/W
3. PERTUSSIS — Tetanus & Diphtheria

These shots will provide you protection from 5 vaccine preventable diseases and HPV-related cancers. Learn more about taking control of your healthy future at:

WhyImmunize.org/TakeControl
T2X.me/TakeControl
Taking control of your health is THIS easy!

1. Human Papilloma Virus (HPV)
   - Protects against human papilloma virus
   - In the USA each year, more than 17,000 women & 9,000 men are affected by HPV-related cancers.
   - Getting vaccinated with HPV series now means a future with one less thing to worry about.
   - The HPV vaccine means you can help prevent certain kinds of cancers in your future.

2. Meningococcal ACWY & Meningococcal B
   - Protects against bacterial meningitis
   - Get your vaccines at 11 & at 16 - it’s the best way to prevent meningitis. Talk to your doctor about meningococcal ACWY and B vaccines.
   - 1 in 7 teens that get bacterial meningitis will die — this illness is no joke.
   - Close contact with others can increases your risk of meningitis - coughing, kissing or sneezing.

3. Pertussis, Tetanus, and Diphtheria
   - Protects against pertussis, tetanus, and diphtheria
   - Pertussis is sometimes called the “100 day cough” or Whooping Cough.
   - It’s a nasty disease that’s super easy to spread & can be very harmful for babies and grandparents.
   - Bonus with this shot — you get protection from tetanus, also called lockjaw, and from diphtheria.

Don’t forget to ask about your yearly flu shot and other vaccines you might need to catch up.

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