BOOST YOUR KNOWLEDGE ABOUT MENINGITIS

*TEXT MENINGITIS to 602-456-2951

GET THE FACTS

• 1 in 7 teens and young adults who get bacterial meningitis will die.
• Symptoms can include: fever, vomiting, rash, sensitivity to light, stiff neck, exhaustion
• 2 out of 10 that survive will have brain damage, amputations, organ failure, hearing loss
• Close contact with others can increase your risk of meningitis: coughing, kissing & sneezing
• Get your 1st vaccine b/w 11-12 years, then get boosted 5 years later
• Being vaccinated is the best way to prevent meningitis

GET INVOLVED

FIND US ONLINE

T2X.ME/MENINGITIS
T2X is a website just for teens 13-18 years old

Got personal questions you can’t ask your parents?

Want to know more about your health?

Want to meet other teens like you?

Looking to show off your creative work?

T2X lets you talk about the things that YOU care about!

View videos and pictures, read blogs and share what’s on your mind.

Chat with friendly health experts.

Get correct health information.

Get answers to questions you might be too embarrassed to ask.

Learn how to use your health insurance and start to take charge of your own health.

BOOST YOUR KNOWLEDGE ABOUT MENINGITIS

GET STARTED NOW!

• ON YOUR PHONE TEXT MENINGITIS TO 602-456-2951*

• ON THE WEB REGISTER AT T2X.ME/MENINGITIS

*TEXT MESSAGE AUTO-ENROLLMENT PROGRAM CAN BE CANCELED AT ANY TIME. STANDARD CARRIER RATES APPLY.