

## How Your Dentist and Hygienist PARTNER In Your Overall Health

At your appointment, your dentist or hygienist will do an *oral cancer screening* to check your mouth. They look to see that your mouth is healthy, just like your teeth!

### How They Check

- They hold your tongue with gauze.
- They check your tongue, mouth and throat.
- They feel your jaw and neck.

## ORAL HEALTH

*It's about **more than your smile.***

Good Hygiene —



— Disease  
Prevention

### What To Know

The most common oral cancers are found under your tongue, the sides of your tongue and around your tonsils.

Your dentist or hygienist look for oral cancer and other diseases of the mouth, even if you have cavities, braces or even dentures.

Always let your doctor know how often you are going to the dentist or hygienist.

[WhyImmunize.org](http://WhyImmunize.org) | [CheckYourMouth.org](http://CheckYourMouth.org)



For more information visit:  
[WhyImmunize.org](http://WhyImmunize.org)  
[CDC.gov/HPV](http://CDC.gov/HPV)  
[CheckYourMouth.org](http://CheckYourMouth.org)

## Take the Next Steps with HPV Cancer Prevention



**Oral health** is an important part of your **overall health**. Make sure your dentist or hygienist knows about any changes to your health, this includes changes in medications.

EARLY DETECTION IS KEY!

## HPV Vaccine & Oral Health Screenings

Know the FACTS!



## What is HPV?

HPV is short for human papillomavirus. HPV is a virus. You might not know this, but it is very common. Almost 80 million people in the United States have HPV. That's about 1 in 4 people, right now, who have the HPV virus.

## Some Important FACTS about HPV

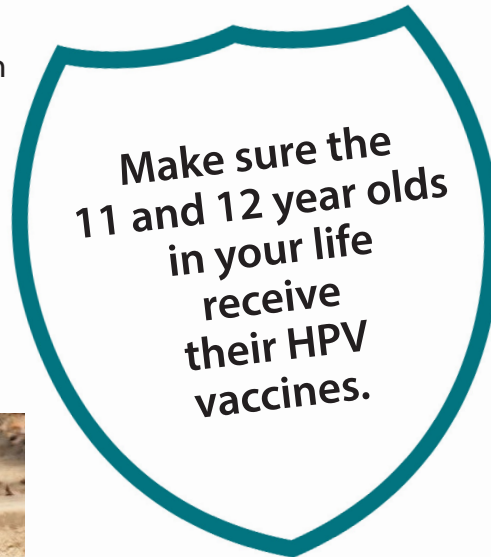
- HPV is a common virus for both men and women.
- HPV is spread through intimate skin-to-skin contact.
- A person may not have symptoms of the HPV virus until years after they were infected.
- HPV infection can lead to several different health issues and cancers.



## HPV & THE CANCER CONNECTION

HPV can cause several different types of cancers including cancer in the back of the throat, the base of the tongue and tonsils (called oropharyngeal cancer).

*There is no way to know who with HPV will develop cancer or other health problems in their future.*



## Health Issues Caused by HPV

Infection with some types of HPV can lead to the development of genital warts and certain cancers, including: cervical, vulvar, vaginal, penile, anal, head and neck cancers.

**REDUCE THE RISK OF HPV INFECTION.**

## When To Get Vaccinated

### Pre-Teens

All boys and girls ages 11 or 12 years old.

### Young Adults

Catch-up vaccines are recommended for women until their 27th birthday and men until their 22nd birthday (if not vaccinated when younger).



## Now You Know

HPV vaccination can significantly reduce the risk of developing disease. Vaccinating both boys and girls provides the highest level of protection.



For more information visit:  
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